

Mental Health Promotion and Suicide Prevention: A Local Public Health Approach

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Declaration of real or potential conflicts of interest

Presenter:

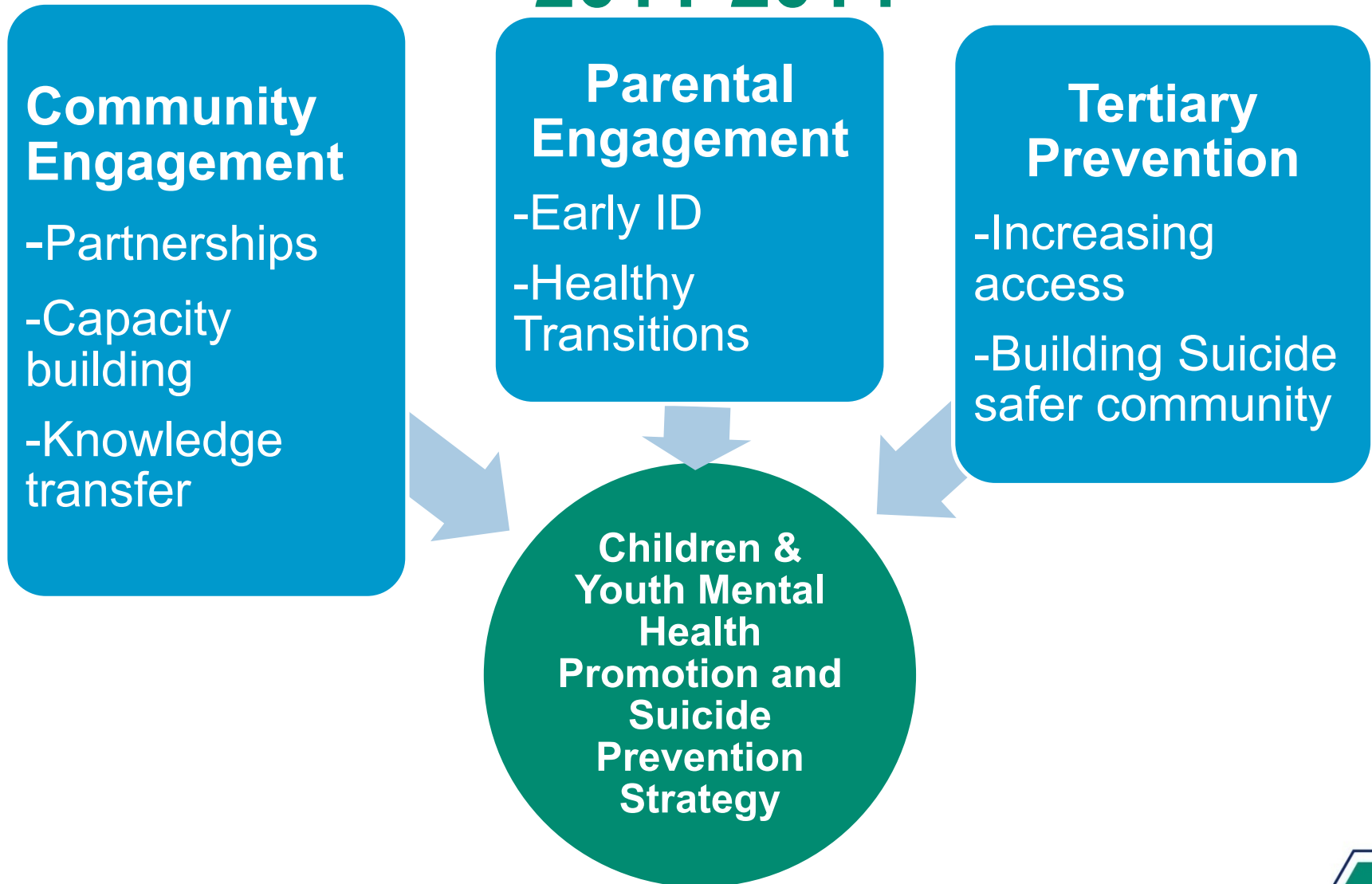


I have no real or potential conflict of interest related to the material that is being presented today.

Impetus for Action

- Community need
- Champions and Leadership
(Organizationally and Politically)
- Timing
- Community Partnerships
- Provincial Partnerships

Strategy and Priority Actions 2011-2014



2015- 2018 Strategic Priority:

Foster Mental Health in Our Community

Three Focus Areas

#1) Mental Health Awareness and Stigma Reduction

- Internal Mental Health Literacy
- External Mental Health Literacy “*have THAT talk*” campaign
- Epidemiological Report “The Story of Mental Health in Ottawa”

#2) Towards a More Resilient Community

Policy development and skill building with Intermediaries from Early Years Centres, Schools, Workplaces, Community Health, Settlement agencies and more.

#3) Suicide Prevention

- safeTALK (internal and external)
- Post Suicide Support
- Policy and Guidelines
- Working with the Media

Lessons Learned

Enablers

- Leadership (Organizational and Political)
- Community need/demand
- Community Partnerships
- Knowledge exchange with partners and community
- Provincial Community of Practice

Barriers

- Resources
- Lack of clearly defined role and mandate
- Staying up stream

Questions?

